## **Sports and nutrition**

In our school we have three playgrounds.

The biggest playground is for students of the 5th and 6th grade.

The playground next to the gym is for students if the 7th and 8th grade.

All students can go to the playground next to the kiosk.

In the playground of the 5th, 6th, 7th and 8th grade, all students can play football or basketball.

At the kiosk from the Ludwig-Windhorst school we have:

Appels

Bananas

Nuts

Juces

Pears

Bio sweetbreat

Water

Yogurt

every friday you can buy

raisin bun

sourdough pretzels

we have two gym the one gym is little and old the two gym is newer and cooler

we have a lot of sports AG's: Surfing, bracedance, girl sport -and boy sport Ag

at the physical Education we play: basketball, football, pacure, trampoline, batmainton, table tennis, hockey, raveboard, jogging, freeplay;

## Our School









