

and kit

Rugby league and union

A quick bit about the two types of rugby:



- There are 2 types of rugby; rugby union and rugby league.
- In rugby union you have 15 players on the pitch and in rugby league you have 13 players.
- Rugby started off as just one main sport then split into 2 types, league and union.

https://m.youtube.com/watch?v=7VKYChR5xmA

Rules

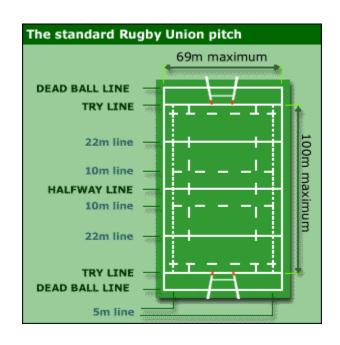
We're just going to be telling you about the rules of union

Points:

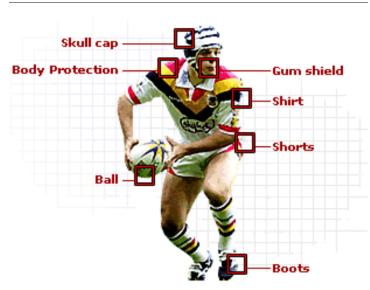
- If you score a try you get 5 points.
- If you score a try you get the chance to get a conversion, if you miss you get 0 points if you get it you get 2 points.
- If you get a penalty you get 3 points.

What they are:

- A try is when you run from your end of the pitch to the other and once you get past the try line you put the ball on the ground.
- You get a conversion by kicking the ball over the goalposts.
- A penalty can be taken in different ways but one way you can take it is by kicking the ball over the goal posts. Another way to take a penalty is by having a scrum or kicking the ball.
- A scrum is where you contest for the ball.
- The game is 80 minutes long.



Kit



- The rugby kit is a top, shorts, socks and shoes.
- People wear rugby boots with studs to help them grip the ground.
- You have to wear a gum shield to protect you mouth and teeth because rugby can be quite rough and you don't want to get injured.
- Also some people like to wear a scrum cap if they want to protect their head.
- Also when its cold some people wear thermals to keep them warm.



Rugby Tournaments

Six Nations and Aviva Premierships

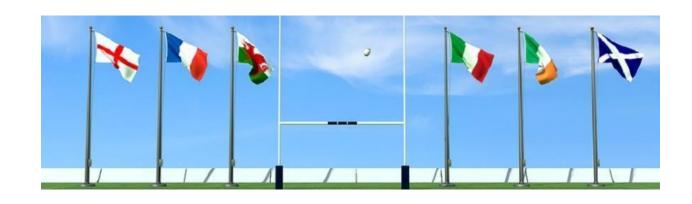
By Raffy and Evie



Six Nations and Grand Slam

Rugby is a popular sport in England which many boys and girls play. One of the biggest competitions is the Six Nations championship. Six Nations is an annual international rugby union competition. The teams that compete are: England, Ireland, Scotland, Wales, Italy and France. Last year England won but this year (2018) Ireland won and are now the reigning champions and won the grand slam title. A grand slam is when the team that won, had won all of their matches. The tournament was first played in 1883 as the home nations championship among the four home nations: England, Ireland, Scotland and wales. The tournament then became the five nations championship in 1910 when France was added to the competition. Then the tournament was expanded in 2000 when Italy joined. Each team plays the others once and try to win all their matches in order to win the grand slam title.





Aviva Premiership

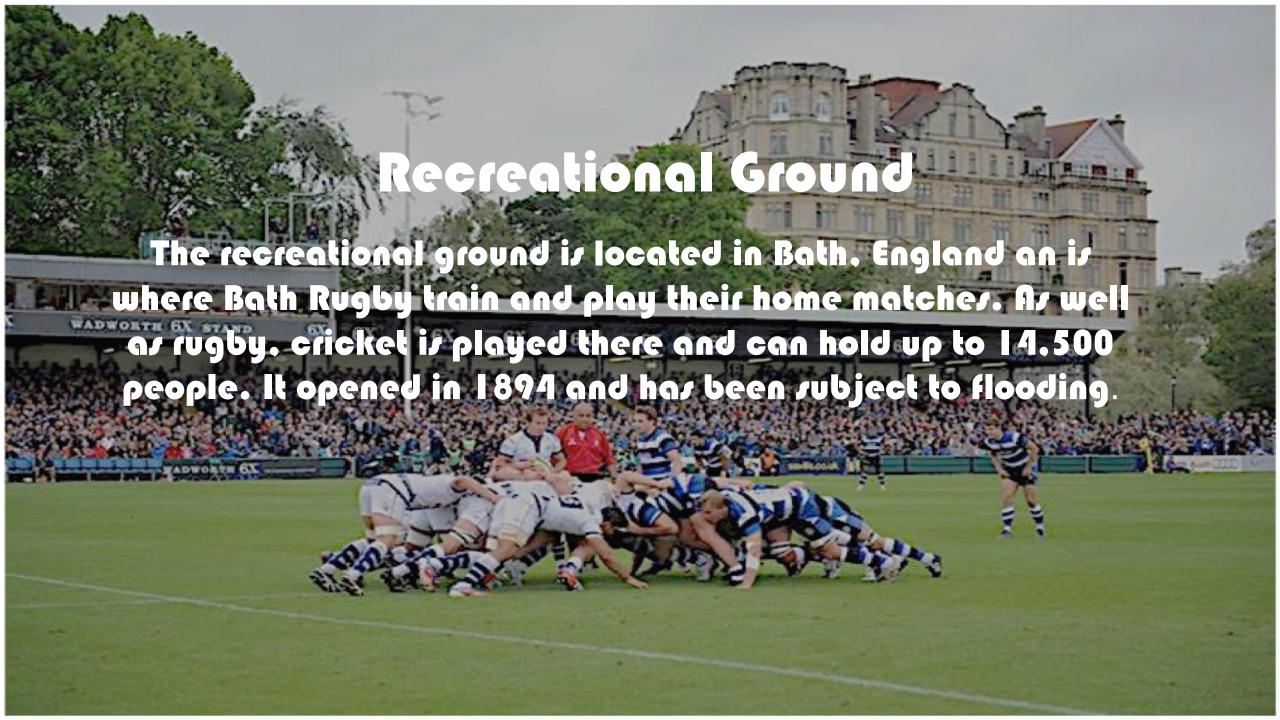


The Aviva Premiership is a British national championship which includes teams such as: Leister tigers, Saracens, Exeter, Sale sharks, London Irish, Harlequins, Wasps, Northampton saints, Gloucester, Worcester warriors, Newcastle Falcons And Bath Rugby (our home team). There is a table and the top four teams have a play of: quarter finals, semi finals and the most important, The Final. The winner of the final match receives a trophy and are the reigning champions of that year.





By Hannah and Grace







Thank you